

Location of Kundalini Yoga Training: San Dieguito Masonic Center in Cardiff-By-The-Sea

Address: 1401 Windsor Rd – Cardiff-By-The-Sea, CA 92007



Training Location on the map below is indicated by this symbol:

**IF TRAVELING SOUTH FROM ORANGE COUNTY OR LOS ANGELES AREA:** Get on the 5 Freeway South and head South toward San Diego (go past Camp Pendleton and through Carlsbad – the training location is about 9 miles South of Carlsbad Village Drive off the 5 South) Keep going South until you get to the Santa Fe Drive (It's the first exit past Encinitas Blvd). Get off of Santa Fe Drive and turn left on Santa Fe Dr. and go 0.6 mile, then turn right at Windsor Rd. and go 0.2 mile.

**IF TRAVELING NORTH FROM DOWNTOWN SAN DIEGO:** Go North on the 5 and take Exit 40 for Birmingham Dr. and turn right on Birmingham Dr. and go 0.3 mile, then turn left Villa Cardiff Dr. and go 0.2 mile, then turn right at Windsor Rd. and go 0.3 mile.

Gurumeher S. Khalsa 310-508-0309

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